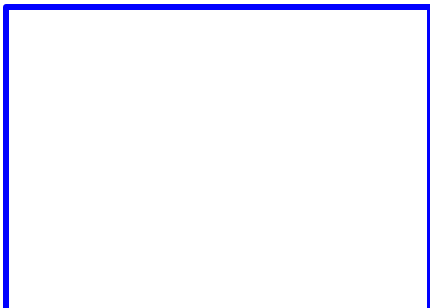
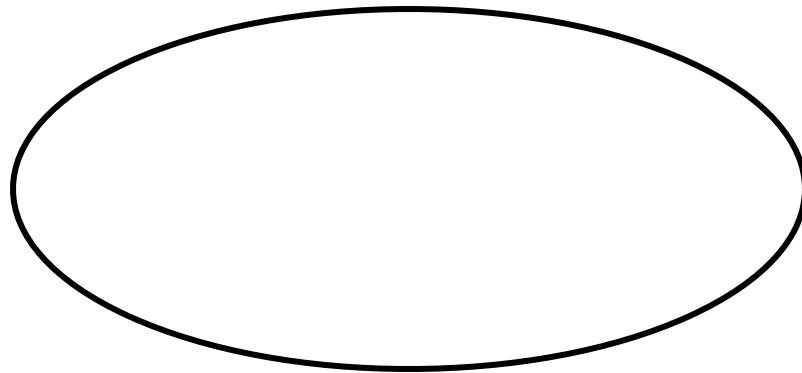
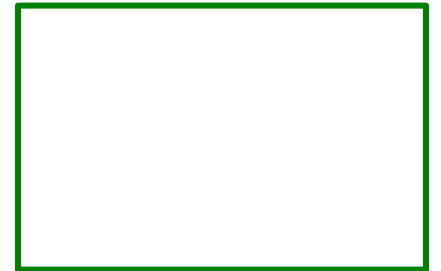


# PLAY TREE



# PLAY TREE

## Statement vs Question:

-if there is a choice of what C. can do pose as a question. Use a statement when there isn't a choice. Re: CDC  
07/28/16

## Duration of Play:

-try to increase play time experience (attention span).  
-when wanting to be done try encouraging "1 more time" or "1 more minute"

## Play Positioning:

-good to encourage C to reach across her body (midline) while in play  
-encourage cross legged sitting\*

## Ankle Stretching:

-at least 3x a day for 20- 30 seconds (time goal). Try with knee straight if possible

## Waiting/Turn Taking:

-encourage C to wait turn; trying to keep "wait times" brief. "wait time" duration can be increased gradually

## Educators:

-use caregiver photos to help teach educator names

**Birch Room**  
**C**  
**December 2016**

## Friends:

Draw attention to them and what they are doing; set up activities for C and a friend. Give C the words if she want to play with a friend

## AFO's Cont'd:

-AFO's go on when C arrives. Come off when going outside.  
-AFO's go back on after nap until home time.

## Picture Cards:

-use for transitions  
-*first this, then* this cards when doing activities. Eg) *first water table then* dress up

## Drinking milk/water:

-limit distractions  
-pacing 1 sip, 1 swallow, 1 sip  
- make note of any coughing when drinking

## Drinking milk/water:

*\*if ill: thicken water with ½ tsp of applesauce/rice cereal to 30ml of water. Does not need milk thickened\**

## Standing:

"When standing, try to get her feet flat on the ground. You can give slight pressure in front of her knees to push feet back" PT notes  
09/07/16